

## BREAKFAST PASTRIES

### Rotating Baked Goods

*Blueberry Muffin  
Lemon Poppy Seed Scone  
Banana Tea Bread*

### Classic Muffin/Muffin Tops (Always Available)

*Blueberry  
Cranberry  
Lemon Poppy  
Chocolate Chip  
Cinnamon Chip  
Corn*

## SANDWICHES

### Rotating Sandwiches

*Curried Chicken Salad  
Avocado, Tomato and Cheddar  
Turkey and Cranberry Chutney*

### Classic Sandwiches

*Chickpea, Avocado and Cilantro Puree Wrap  
Herb Grilled Chicken and Cheddar  
Classic Chicken Salad  
Turkey and Havarti  
Roast Beef and Boursin  
Ham and Swiss  
Ham and Brie  
Classic Tuna Salad  
Grilled Seasonal Vegetable  
Caprese*

### Specialty Sandwiches

*Chicken Caesar Wrap  
Italian Chicken Cutlet  
Sesame Chicken Wrap  
Turkey Club  
Roast Beef with Onion Twigs  
Falafel with Grilled Vegetables and Tahini Sauce  
Eggplant Parmesan*



## SANDWICH MAKING PLATTERS

### Basic

*Herb Roasted Turkey Breast, Roast Beef, Smoked Ham, Tuna Salad, Classic Chicken Salad, Grilled Chicken Breast, Sliced Alpine Swiss, Vermont Cheddar, Half-Sour Pickles, Grilled Seasonal Vegetables, Celery and Carrot Sticks, Honey Mustard and Mayonnaise*

### Executive

*Applewood Smoked Ham, Buffalo Chicken Breast, Herb Roasted Turkey Breast, Herb Grilled Chicken Breast, Tuna Salad, Vermont Cheddar, Herbed Havarti, Eggplant Parmesan, Celery and Carrot Sticks, , Grilled Portobello Mushrooms, Salmon Salad with Capers, Chives and Olives  
Chicken Salad with Red Grapes, Celery and Dijon Aioli and Blue Cheese Dressing*

### Mediterranean

*Lemon Oregano Chicken Breast, Prosciutto di Parma, Genoa Salami, Stuffed Grape Leaves, Hummus, Tabbouleh, Shrimp Salad with Cucumber, Olive and Tomato Pickled Vegetables, Rosemary Scented Olives, Cucumber and Dill Tzatziki Dip with Toasted Pita Chips and Sesame Lavasch Crackers*

## MONDAY

### Hot Food

*Spinach, Tomato and Feta Quiche  
Bacon and Cheddar Quiche*

### Cold Salads

*Caesar Salad  
Greek Salad  
Field Greens with Chickpeas, Cucumbers, Tomatoes and Avocado*

## TUESDAY

### Hot Food

*Spinach Quiche  
Chicken Piccata with Artichokes and Mushrooms in Lemon Caper Sauce  
Pan Seared Chicken with Mediterranean Salsa  
Butternut Squash Curry with Chickpeas, Cilantro and Fresh Lime  
Stuffed Bell Peppers with Basmati Rice and Vegetables*



## TUESDAY

### Cold Salads

*Grilled Salmon Fillet with Asparagus, Yellow Bell Pepper and Cucumber Salad*  
*Italian Grilled Chicken with Green Beans and Roasted Red Peppers in Balsamic Vinaigrette*  
*Greek Salad*  
*Caesar Salad*  
*Tossed Salad*  
*Field Greens with Chickpeas, Cucumbers, Tomatoes and Avocado*  
*Field Greens with Gorgonzola, Caramelized Pears and Spiced Pecans*  
*Herbed Quinoa, Kale and Chickpea Salad with Parsley and Sunflower Seeds in Lemon Tahini Vinaigrette*  
*Tortellini with Roasted Red Peppers and Spinach in Pesto Vinaigrette*  
*Asian Noodle Salad in Orange Soy Vinaigrette*

## WEDNESDAY

### Hot Food

*Spinach, Feta and Tomato Quiche*  
*Bacon and Cheddar Quiche*

### Cold Salads

*Tofu Asian Noodle Salad*  
*Field Greens with Chickpeas, Cucumbers, Tomatoes and Avocado*  
*Herbed Quinoa, Kale and Chickpea Salad with Parsley and Sunflower Seeds in Lemon Tahini Vinaigrette*  
*Tortellini with Sundried Tomatoes and Artichoke Hearts in Creamy Parmesan*

## THURSDAY

### Hot Food

*Quiche Lorraine*  
*Grilled Sea Bass in Spicy Asian Citrus Sauce*  
*Asian Style Beef Tenderloin with Mushrooms*  
*Roast Turkey with Herbed Bread Stuffing*  
*Lemon Oregano Chicken*  
*Spinach and Feta Pie*  
*Baked Orzo with Tricolored Bell Pepper Confetti*  
*Butternut Squash Ravioli with Grilled Vegetables in Sage Cream*  
*Pad Thai with Vegetables*

## THURSDAY

### Cold Salads

*Tofu Asian Noodle Salad  
Cobb Salad  
Greek Salad  
Field Greens with Apple and Cheddar  
Field Greens with Chickpeas, Cucumbers, Tomatoes and Avocado  
Herbed Quinoa, Kale and Chickpea Salad with Parsley and Sunflower Seeds in Lemon Tahini Vinaigrette  
Tortellini with Sundried Tomatoes and Artichoke Hearts in Creamy Parmesan*

## FRIDAY

### Hot Food

*Chicken Piccata with Artichokes and Mushrooms in Lemon Caper Sauce  
Butternut Squash Ravioli with Grilled Vegetables in Sage Cream  
Eggplant Curry with Cauliflower, Sweet Potato and Green Beans with Toasted Coconut Garnish*

### Cold Salads

*Grilled Salmon Fillet with Asparagus, Yellow Bell Pepper and Cucumber Salad  
Tofu Curried Rice Salad  
Cobb Salad  
Tossed Salad  
Field Greens with Gorgonzola, Caramelized Pears and Cranberries  
Tortellini with Sundried Tomatoes and Artichoke Hearts in Creamy Parmesan*