



BREAKFAST PASTRIES

Rotating Baked Goods

*Blueberry Muffin
Lemon Poppy Seed Scone
Banana Tea Bread*

Classic Muffin/Muffin Tops (Always Available)

*Blueberry
Cranberry
Lemon Poppy
Chocolate Chip
Cinnamon Chip
Corn*

SANDWICHES

Rotating Sandwiches

*Corn Beef and Swiss
Prosciutto, Fresh Mozzarella and Roasted Red Peppers*

Classic Sandwiches

*Chickpea, Avocado and Cilantro Puree Wrap
Herb Grilled Chicken and Cheddar
Classic Chicken Salad
Turkey and Havarti
Roast Beef and Boursin
Ham and Swiss
Ham and Brie
Classic Tuna Salad
Grilled Seasonal Vegetable
Caprese*

Specialty Sandwiches

*Chicken Caesar Wrap
Italian Chicken Cutlet
Sesame Chicken Wrap
Turkey Club
Roast Beef with Onion Twigs
Falafel with Grilled Vegetables and Tahini Sauce
Eggplant Parmesan*



SANDWICH MAKING PLATTERS

Basic

Herb Roasted Turkey Breast, Roast Beef, Smoked Ham, Tuna Salad, Classic Chicken Salad, Grilled Chicken Breast, Sliced Alpine Swiss, Vermont Cheddar, Half-Sour Pickles, Grilled Seasonal Vegetables, Celery and Carrot Sticks, Honey Mustard and Mayonnaise

Executive

*Applewood Smoked Ham, Buffalo Chicken Breast, Herb Roasted Turkey Breast, Herb Grilled Chicken Breast, Tuna Salad, Vermont Cheddar, Herbed Havarti, Eggplant Parmesan, Celery and Carrot Sticks, , Grilled Portobello Mushrooms, Salmon Salad with Capers, Chives and Olives
Chicken Salad with Red Grapes, Celery and Dijon Aioli and Blue Cheese Dressing*

Mediterranean

*Lemon Oregano Chicken Breast, Prosciutto di Parma, Genoa Salami, Stuffed Grape Leaves, Hummus, Tabbouleh, Shrimp Salad with Cucumber, Olive and Tomato
Pickled Vegetables, Rosemary Scented Olives, Cucumber and Dill Tzatziki Dip
with Toasted Pita Chips and Sesame Lavasch Crackers*

MONDAY

Hot Food

*Tomato Basil Soup
Minestrone Soup
Butternut Squash and Caramelized Apple Bisque
Beef Chili
Turkey Chili
Vegetable Chili
Clam Chowder
Bacon and Cheddar Quiche
Grilled Vegetable Quiche
Quiche Lorraine
Spinach and Feta Quiche
Wild Mushroom and Leek Quiche
Grilled Italian Sausages with Onions and Peppers
Braised Beef Ravioli in Marinara
Baked Ziti with Chicken and Broccoli
Baked Stuffed Shells with Herbed Ricotta in Marinara*



MONDAY

Cold Salads

*Salmon with Herbed Quinoa, Kale and Chickpea Salad with Feta, Parsley and Sunflower Seeds
In Lemon Tahini Vinaigrette*
Italian Grilled Chicken with Green Beans and Roasted Red Peppers in Balsamic Vinaigrette
Pomegranate and Balsamic Glazed Chicken with Wild Rice, Barley and Black Rice
In Orange, Pomegranate and Mint Vinaigrette
Tofu Curried Rice Salad
Grilled Portobello Mushroom with Fresh Mozzarella and Tomato and Basil
Cobb Salad
Caesar Salad
Greek Salad
Field Greens with Chickpeas, Cucumbers, Tomatoes and Avocado
Field Greens with Gorgonzola, Caramelized Pears and Cranberries
Field Greens with Gorgonzola, Cranberries and Pecans
Grilled Vegetable Salad
Tortellini with Sundried Tomatoes and Artichoke Hearts in Cream Parmesan
Classic Macaroni Salad

TUESDAY

Hot Food

Bacon and Cheddar Quiche
Quiche Lorraine
Spinach and Feta Quiche
Wild Mushroom and Leek Quiche
Chicken Saltimbocca with Prosciutto in Sage Herb Sauce
Chicken Parmesan
Eggplant Stacks with Spinach in Tomato Basil Sauce



TUESDAY

Cold Salads

Tuna Nicoise with Tomatoes and Olives
Grilled Salmon with Asparagus, Yellow Bell Pepper and Cucumber Salad
Grilled Skirt Steak with Roasted Potato Salad
Island Chicken Salad with Mango and Papaya in Curry Aioli
Cobb Salad
Greek Salad
Tossed Salad
Field Greens with Chickpeas, Cucumbers, Tomatoes and Avocado
Field Greens with Gorgonzola, Apple and Spiced Pecans
Field Greens with Gorgonzola, Caramelized Pears and Cranberries
Field Greens with Gorgonzola, Cranberries and Pecans
Arugula Salad with Mozzarella Pearls and Grape Tomatoes
Orzo Pasta Salad in Lemon Vinaigrette
Tortellini with Sundried Tomatoes and Artichoke Hearts in Cream Parmesan
Tortellini with Roasted Red Peppers and Spinach in Pesto
Cavatappi Pasta Salad with Vegetable Confetti
Herbed Quinoa, Kale and Chickpea Salad with Feta, Parsley and Sunflower Seeds
In Lemon Tahini Vinaigrette
Wild Rice with Corn and Peppers in Chili Lime Vinaigrette

WEDNESDAY

Hot Food

Bacon and Cheddar Quiche
Quiche Lorraine
Spinach and Feta Quiche
Grilled Vegetable Quiche
Wild Mushroom and Leek Quiche
Make Your Own Fajitas: Beef, Blackened Chicken and Vegetarian
Chicken Piccata with Artichokes and Mushrooms in Lemon Caper Sauce
Baked Stuffed Shells with Herbed Ricotta in Marinara



WEDNESDAY

Cold Salads

Grilled Skirt Steak with Roasted Potato Salad
Marinated Chicken with Grilled Vegetable Salad
Tofu Curried Rice Salad
Greek Salad
Tossed Salad
Tossed Salad with Chickpeas and Avocado
Field Greens with Chickpeas, Cucumbers, Tomatoes and Avocado
Field Greens with Gorgonzola, Caramelized Pears and Cranberries
Field Greens with Gorgonzola, Cranberries and Pecans
Field Greens with Apple, Cheddar and Spiced Pecans
Orzo Pasta Salad in Lemon Vinaigrette

THURSDAY

Hot Food

Clam Chowder
Spinach Quiche
Chicken Piccata with Artichokes and Mushrooms in Lemon Caper Sauce
Barbecued Chicken with Roasted Corn Salsa
Grilled Portobello Mushroom and Vegetable Kebabs with Mediterranean Salsa
Baked Macaroni and Cheese
Artichoke and Fontina Ravioli in Garlic Cream

Cold Salads

Field Greens with Chickpeas, Cucumbers, Tomatoes and Avocado
Field Greens with Gorgonzola, Cranberries and Pecans
Asian Noodle Salad in Orange Soy Vinaigrette
Orzo Pasta Salad in Lemon Vinaigrette



FRIDAY

Hot Food

Baked Stuffed Shells with Herbed Ricotta in Marinara

Cold Salads

Arugula Salad with Mozzarella Pearls and Grape Tomatoes
Tortellini with Sundried Tomatoes and Artichoke Hearts in Cream Parmesan