



BREAKFAST PASTRIES

Rotating Baked Goods

*Blueberry Muffin
Lemon Poppy Seed Scone
Banana Tea Bread*

Classic Muffin/Muffin Tops (Always Available)

*Blueberry
Cranberry
Lemon Poppy
Chocolate Chip
Cinnamon Chip
Corn*

SANDWICHES

Rotating Sandwiches

*Curried Chicken Salad
Avocado, Tomato and Cheddar
Turkey and Cranberry Chutney*

Classic Sandwiches

*Chickpea, Avocado and Cilantro Puree Wrap
Herb Grilled Chicken and Cheddar
Classic Chicken Salad
Turkey and Havarti
Roast Beef and Boursin
Ham and Swiss
Ham and Brie
Classic Tuna Salad
Grilled Seasonal Vegetable
Caprese*

Specialty Sandwiches

*Chicken Caesar Wrap
Italian Chicken Cutlet
Sesame Chicken Wrap
Turkey Club
Roast Beef with Onion Twigs
Falafel with Grilled Vegetables and Tahini Sauce
Eggplant Parmesan*



SANDWICH MAKING PLATTERS

Basic

Herb Roasted Turkey Breast, Roast Beef, Smoked Ham, Tuna Salad, Classic Chicken Salad, Grilled Chicken Breast, Sliced Alpine Swiss, Vermont Cheddar, Half-Sour Pickles, Grilled Seasonal Vegetables, Celery and Carrot Sticks, Honey Mustard and Mayonnaise

Executive

*Applewood Smoked Ham, Buffalo Chicken Breast, Herb Roasted Turkey Breast, Herb Grilled Chicken Breast, Tuna Salad, Vermont Cheddar, Herbed Havarti, Eggplant Parmesan, Celery and Carrot Sticks, , Grilled Portobello Mushrooms, Salmon Salad with Capers, Chives and Olives
Chicken Salad with Red Grapes, Celery and Dijon Aioli and Blue Cheese Dressing*

Mediterranean

*Lemon Oregano Chicken Breast, Prosciutto di Parma, Genoa Salami, Stuffed Grape Leaves, Hummus, Tabbouleh, Shrimp Salad with Cucumber, Olive and Tomato
Pickled Vegetables, Rosemary Scented Olives, Cucumber and Dill Tzatziki Dip
with Toasted Pita Chips and Sesame Lavasch Crackers*

MONDAY

Hot Food

*Artichoke Encrusted Salmon in Tomato Scallion Beurre Blanc
Chicken Piccata with Artichokes and Mushrooms in Lemon Caper Sauce
Baked Ziti with Chicken and Broccoli
Eggplant Stuffed with Sauteed Onions, Herbs, Vegetables and Barley in Spicy Red Pepper Sauce
Butternut Squash Ravioli with Grilled Vegetables in Sage Cream
Baked Macaroni and Cheese
Tofu Parmesan in Smoky Marinara*

Cold Salads

*Cobb Salad
Chef Salad
Greek Salad
Caesar Salad
Tossed Salad
Tossed Salad with Chickpeas and Avocado
Field Greens with Gorgonzola, Cranberries and Pecans
Spinach Salad with Goat Cheese, Sliced Strawberries and Almonds
Cavatappi Pasta Salad with Vegetable Confetti
Penne Pasta Salad with Smoked Gouda, Roasted Red Pepper and Spinach in Creamy Parmesan*



TUESDAY

Hot Food

*Spinach, Tomato and Feta Quiche
Shrimp, Scallop and Salmon Kebabs
Make Your Own Hot Sub: Buffalo Chicken and Meatball
Lemon Herb Chicken Kebabs
Spinach and Feta Pie
Pumpkin Curry with Chickpeas, Cilantro and Fresh Lime*

Cold Salads

*Grilled Salmon Fillet with Asparagus, Yellow Bell Pepper and Cucumber Salad
Marinated Grilled Chicken with Roasted Vegetables
Tofu Curried Rice Salad
Cobb Salad
Chef Salad
Greek Salad
Caesar Salad
Tossed Salad
Field Greens with Apple and Cheddar
Field Greens with Chickpeas, Cucumbers, Tomatoes and Avocado
Field Greens with Goat Cheese, Sliced Strawberries, Avocado and Almonds
Field Greens with Gorgonzola, Cranberries and Pecans
Field Greens with Gorgonzola, Caramelized Pears and Cranberries
Corn Salad with Black Beans, Cilantro, Red Pepper and Avocado in Chipotle Lime Vinaigrette
Cavatappi Pasta Salad with Vegetable Confetti
Tortellini with Sundried Tomatoes and Artichoke Hearts in Creamy Parmesan
Penne Pasta Salad with Smoked Gouda, Roasted Red Pepper and Spinach in Creamy Parmesan*

WEDNESDAY

Hot Food

*Quiche Lorraine
Spinach and Feta Quiche
Wild Mushroom and Leek Quiche
Grilled Skirt Steak with Fried Shallots and Mushrooms in Port Wine
Flank Steak Teriyaki
Sesame Crusted Chicken in Orange Ginger Sauce
Chicken Piccata with Artichokes and Mushrooms in Lemon Caper Sauce
Tofu Stir Fry
Eggplant Curry with Cauliflower, Sweet Potato and Green Beans with Toasted Coconut Garnish*



WEDNESDAY

Cold Salads

Teriyaki Salmon
Grilled Salmon Fillet with Asparagus, Yellow Bell Pepper and Cucumber Salad
Tofu with Asian Noodle Salad
Tofu Curried Rice Salad
Cobb Salad
Caesar Salad
Tossed Salad with Mandarin Oranges, Bell Peppers, Cucumber and Snow Peas
Field Greens with Apple and Cheddar
Field Greens with Chickpeas, Cucumbers, Tomatoes and Avocado
Arugula Salad with Mozzarella Pearls and Grape Tomatoes
Tortellini with Spinach and Red Peppers in Pesto

THURSDAY

Hot Food

Bacon and Cheddar Quiche
Spinach, Tomato and Feta Quiche
Grilled Salmon Fillet with Mediterranean Salsa
Grilled Sea Bass with Spicy Asian Citrus Sauce
Asian Style Beef Tenderloin with Assorted Mushrooms
Make Your Own Fajitas: Blacked Chicken and Vegetarian
Barbecued Pulled Pork
Baked Macaroni and Cheese
Pad Thai with Tofu, Edamame, Snow Peas and Carrots
Portobello Mushroom Cap Stuffed with Polenta and Tomato Salsa

Cold Salads

Shrimp with Wild Rice, Corn and Peppers in Chili Lime Vinaigrette
Lemon Honey Grilled Chicken with Orzo Pasta
Marinated Grilled Chicken with Roasted Vegetables
Tofu with Quinoa and French Lentil Salad
Greek Salad
Field Greens with Apple and Cheddar
Field Greens with Chickpeas, Cucumbers, Tomatoes and Avocado
Black Bean, Corn and Jicama Salad in Lime Cumin Vinaigrette
Cavatappi Pasta Salad with Vegetable Confetti



FRIDAY

Hot Food

Chicken Piccata with Artichokes and Mushrooms in Lemon Caper Sauce

Cold Salads

*Italian Chicken Salad with Green Beans and Roasted Red Peppers in Balsamic Vinaigrette
Tossed Salad*