

BREAKFAST PASTRIES

Rotating Baked Goods

*Blueberry Muffin
Cherry Scone
Banana Tea Bread*

Classic Muffin/Muffin Tops (Always Available)

*Blueberry
Cranberry
Lemon Poppy
Chocolate Chip
Cinnamon Chip
Corn*

SANDWICHES

Rotating Sandwiches

*Turkey Cobb Salad Wrap
Salami and Provolone
Hummus and Tabbouleh*

Classic Sandwiches

*Chickpea, Avocado and Cilantro Puree Wrap
Herb Grilled Chicken and Cheddar
Classic Chicken Salad
Turkey and Havarti
Roast Beef and Boursin
Ham and Swiss
Ham and Brie
Classic Tuna Salad
Grilled Seasonal Vegetable
Caprese*

Specialty Sandwiches

*Chicken Caesar Wrap
Italian Chicken Cutlet
Sesame Chicken Wrap
Turkey Club
Roast Beef with Onion Twigs
Falafel with Grilled Vegetables and Tahini Sauce
Eggplant Parmesan*

SANDWICH MAKING PLATTERS

Basic

Herb Roasted Turkey Breast, Roast Beef, Smoked Ham, Tuna Salad, Classic Chicken Salad, Grilled Chicken Breast, Sliced Alpine Swiss, Vermont Cheddar, Half-Sour Pickles, Grilled Seasonal Vegetables, Celery and Carrot Sticks, Honey Mustard and Mayonnaise

Executive

*Applewood Smoked Ham, Buffalo Chicken Breast, Herb Roasted Turkey Breast, Herb Grilled Chicken Breast, Tuna Salad, Vermont Cheddar, Herbed Havarti, Eggplant Parmesan, Celery and Carrot Sticks, , Grilled Portobello Mushrooms, Salmon Salad with Capers, Chives and Olives
Chicken Salad with Red Grapes, Celery and Dijon Aioli and Blue Cheese Dressing*

Mediterranean

Lemon Oregano Chicken Breast, Prosciutto di Parma, Genoa Salami, Stuffed Grape Leaves, Hummus, Tabbouleh, Shrimp Salad with Cucumber, Olive and Tomato Pickled Vegetables, Rosemary Scented Olives, Cucumber and Dill Tzatziki Dip with Toasted Pita Chips and Sesame Lavasch Crackers

MONDAY

Hot Food

*Spinach and Feta Quiche
Teriyaki Beef Kebabs
Chicken Kebabs
Herb Encrusted Statler Chicken with Roasted Garlic Rosemary Sauce
Tofu and Vegetable Kebabs
Asparagus, Ricotta and Parmesan Agnolotti in Lemon Basil Cream*

Cold Salads

*Grilled Salmon Fillet with Asparagus, Yellow Bell Pepper and Cucumber Salad
Cobb Salad
Chef Salad
Caesar Salad
Greek Salad
Tossed Salad with Chickpeas and Avocado
Arugula Salad with Fresh Mozzarella and Grape Tomatoes
Spinach, Endive and Arugula with Goat Cheese and Avocado*

TUESDAY

Hot Food

Salmon Turbans with Feta and Spinach in Lemon Beurre Blanc
Teriyaki Skirt Steak
Sesame Crusted Chicken in Orange Ginger Sauce
Chicken Picatta with Artichokes and Mushrooms in Lemon Caper Sauce
Teriyaki Beef in Lime Sherry Vinaigrette
Tofu Stir Fry with Asian Vegetables
Mushroom Ravioli in Marinara
Pad Thai

Cold Salads

Lemon Honey Grilled Chicken with Orzo Pasta
Arugula and Romaine Caesar Salad with Bowtie Pasta Croutons

WEDNESDAY

Hot Food

Pepper Encrusted Tenderloin with Mushrooms in Port Wine Sauce
Make Your Own Fajitas: Beef, Blackened Chicken and Vegetarian
Portobello Mushroom Caps Stuffed with Risotto and Grilled Vegetables
Lemon Scented Risotto

Cold Salads

Grilled Salmon Fillet with Asparagus, Yellow Bell Pepper and Cucumber Salad
Cobb Salad
Greek Salad
Tossed Salad with Corn, Black Bean, Tomato and Cilantro
Field Greens with Chickpeas, Cucumbers, Tomatoes and Avocado
Field Greens with Gorgonzola, Cranberries and Pecans
Arugula Salad with Mozzarella Pearls and Grape Tomatoes
Spinach, Endive and Arugula with Goat Cheese and Avocado
Spinach Salad with Sliced Strawberries, Goat Cheese and Almonds
Cabbage Salad with Apple and Cheddar Cheese
Tortellini with Roasted Red Peppers and Spinach in Pesto
Tortellini with Sundried Tomatoes and Artichoke Hearts in Creamy Parmesan



THURSDAY

Hot Food

Carrot Ginger Soup
Clam Chowder
Bacon and Cheddar Quiche
Make Your Own Taco Bar
Barbecued Chicken with Roasted Corn Salsa
Grilled Portobello Mushroom and Grilled Vegetable Kebas
Baked Stuffed Shells with Herbed Ricotta in Marinara

Cold Salads

Skirt Steak with Roasted Potato Salad
Italian Grilled Chicken with Green Beans and Roasted Red Peppers
Caesar Salad
Greek Salad
Tossed Salad
Field Greens with Chickpeas, Cucumbers, Tomatoes and Avocado
Field Greens with Gorgonzola, Cranberries and Pecans
Spinach Salad with Sliced Strawberries, Goat Cheese and Almonds
Arugula Salad with Mozzarella Pearls and Grape Tomatoes
Asparagus, Yellow Bell Pepper and Cucumber Salad
Grilled Vegetable Salad
Tortellini with Roasted Red Peppers and Spinach in Pesto
Tortellini with Sundried Tomatoes and Artichoke Hearts in Creamy Parmesan
Penne with Smoked Gouda, Spinach and Roasted Red Peppers in Creamy Parmesan

FRIDAY

Hot Food

Salmon Provencal with Tomatoes, Olives and Capers
Braised Beef Short Ribs with Pearl Onions and Glazed Carrots in Port Wine
Fusilli with Grilled Vegetables in Roasted Red Pepper Sauce
Vegetable Pot Pie with Mashed Sweet Potato Topping

Cold Salads

Grilled Salmon Fillet with Asparagus, Yellow Bell Pepper and Cucumber Salad
Italian Grilled Chicken with Green Beans and Roasted Red Peppers in Balsamic Vinaigrette
Tofu Curried Rice Salad
Cabbage Salad with Apple and Cheddar Cheese
Roasted Potato Salad
Quinoa, Brown Rice and French Lentils Salad