

BREAKFAST PASTRIES

Rotating Baked Goods

*Pumpkin Muffin
Cherry Scone
Banana Tea Bread*

Classic Muffin/Muffin Tops (Always Available)

*Blueberry
Cranberry
Lemon Poppy
Chocolate Chip
Cinnamon Chip
Corn*

SANDWICHES

Rotating Sandwiches

*Curried Chicken Salad
Avocado, Tomato and Cheddar
Turkey and Cranberry Chutney*

Classic Sandwiches

**NEW* Chickpea, Avocado and Cilantro Puree Wrap *NEW*
Herb Grilled Chicken and Cheddar
Classic Chicken Salad
Turkey and Havarti
Roast Beef and Boursin
Ham and Swiss
Ham and Brie
Classic Tuna Salad
Grilled Seasonal Vegetable
Caprese*

Specialty Sandwiches

*Chicken Caesar Wrap
Italian Chicken Cutlet
Sesame Chicken Wrap
Turkey Club
Roast Beef with Onion Twigs
Falafel with Grilled Vegetables and Tahini Sauce
Eggplant Parmesan*

SANDWICH MAKING PLATTERS

Basic

Turkey, Roast Beef, Smoked Ham, Tuna, Grilled Chicken Breast, Swiss Cheese, Cheddar Cheese, Grilled Vegetables, Celery and Carrot Sticks

Executive

Baked Ham, Buffalo Chicken Breast, Herb Roasted Turkey, Cheddar Cheese, Portabella Mushrooms, Sliced Tomatoes, Grilled Chicken Breast, Tuna, Herbed Havarti, Eggplant Parmesan, Salmon Salad with Capers & Mayonnaise, Chicken Salad with Red Grapes, Celery & Honey-Mustard Mayonnaise and Bleu Cheese Dressing

Mediterranean

Lemon Oregano Chicken Breast, Prosciutto, Salami, Shrimp, Tomato & Cucumber Salad, Stuffed Grape Leaves, Hummus, Tabbouleh, Sliced Tomatoes, Sliced Melon, Pickled Vegetables, Olives, Tzatziki Cucumber Yogurt Dip and Pita Chips

MONDAY

Hot Food

Make Your Own Fajitas: Blackened Chicken, Beef and Vegetarian
Chicken Piccata with Artichokes and Mushrooms in Lemon Caper Sauce
Baked Ziti with Chicken and Broccoli
Butternut Squash Ravioli with Minced Vegetables in Sage Cream
Wild Mushroom Ravioli in Marinara
Grilled Portobello Mushroom Stuffed with Wild Rice Medley

Cold Salads

Grilled Salmon Fillet with Asparagus, Yellow Bell Pepper and Cucumber Salad
Shrimp with Wild Rice, Corn and Peppers in Chili Lime Vinaigrette
Grilled Skirt Steak with Roasted Potato Salad
Italian Grilled Chicken with Green Beans and Roasted Red Peppers
Island Chicken Salad with Mango and Papaya in Curry Aioli
Chicken with Black Bean, Corn and Jicama in Lime Cumin Vinaigrette
Tofu Curried Rice Salad
Cobb Salad
Greek Salad
Caesar Salad
Tossed Salad
Field Greens with Chickpeas, Cucumbers, Tomatoes and Avocado
Field Greens with Gorgonzola, Cranberries and Pecans
Spinach Salad with Goat Cheese, Sliced Strawberries and Almonds
Spinach, Radicchio and Endive with Bacon and Chopped Egg
Tortellini with Sundried Tomatoes and Artichokes Hearts in Creamy Parmesan
Tortellini with Roasted Red Peppers and Spinach in Pesto
Classic Macaroni Salad
Herbed Quinoa, Kale and Chickpea Salad with Feta, Parsley and Sunflower Seeds with Lemon Tahini Dressing



TUESDAY

Hot Food

*Clam Chowder
Baked Ziti with Chicken and Broccoli
Chicken Pot Pie with Mashed Potato Topping
Vegetable Pot Pie with Mashed Sweet Potato Topping
Eggplant Stacks with Spinach and Tomato Basil Sauce*

Cold Salads

*Lemon Honey Grilled with Orzo Pasta
Tossed Salad
Caesar Salad
Field Greens with Apple and Cheddar
Field Greens with Chickpeas and Avocado
Arugula Salad with Mozzarella Pearls and Grape Tomatoes
Asparagus, Yellow Bell Pepper and Cucumber Salad
Cole Slaw*

WEDNESDAY

Hot Food

*Clam Chowder
Pepper Encrusted Grilled Skirt Steak with Chimichurri Sauce
Herb Encrusted Statler Chicken in Roasted Garlic Rosemary Sauce
Lemon Oregano Chicken Breast
Butternut Squash Ravioli with Minced Vegetables in Sage Cream*

Cold Salads

*Lemon Honey Grilled with Orzo Pasta
Caesar Salad
Greek Salad
Tossed Salad
Field Greens with Apple and Cheddar
Field Greens with Chickpeas and Avocado
Arugula Salad with Mozzarella Pearls and Grape Tomatoes
Asparagus, Yellow Bell Pepper and Cucumber Salad*

THURSDAY

Hot Food

Pepper Encrusted Grilled Skirt Steak with Chimichurri Sauce
Braised Beef Ravioli in Marinara
Sesame Crusted Chicken in Orange Ginger Sauce
Chicken Pot Pie with Mashed Potato Topping
Baked Ziti with Chicken and Broccoli
Chicken Kebabs
Vegetable Kebabs
Vegetable Lo-Mein
Risotto Primavera with Peas
Butternut Squash Ravioli with Minced Vegetables in Sage Cream

Cold Salads

Tofu Curried Rice Salad
Tofu with Asian Noodle Salad
Tossed Salad
Tossed Salad with Chickpeas and Avocado
Tossed Salad with Snow Peas, Tricolored Bell Pepper and Vegetable Confetti
Field Greens with Apple and Cheddar
Field Greens with Gorgonzola, Cranberries and Spiced Pecans
Herbed Quinoa, Kale and Chickpea Salad with Feta, Parsley and Sunflower Seeds
with Lemon Tahini Dressing

FRIDAY

Hot Food

Braised Beef Ravioli in Marinara
Wild Mushroom Ravioli in Roasted Red Pepper Sauce

Cold Salads

Italian Grilled Chicken with Green Beans and Roasted Red Peppers
Field Greens with Chickpeas, Cucumbers, Tomatoes and Avocado
Tortellini with Roasted Red Peppers and Spinach in Pesto
Penne with Smoked Gouda, Spinach and Roasted Red Peppers in Creamy
Parmesan