



BREAKFAST PASTRIES

Rotating Baked Goods

*Almond Muffin
Cranberry Scone
Banana Tea Bread*

Classic Muffin/Muffin Tops (Always Available)

*Blueberry
Cranberry
Lemon Poppy
Chocolate Chip
Cinnamon Chip
Corn*

SANDWICHES

Rotating Sandwiches

*Turkey Cobb Wrap
Salami and Provolone
Hummus and Tabbouleh*

Classic Sandwiches

*Herb Grilled Chicken and Cheddar
Classic Chicken Salad
Turkey and Havarti
Roast Beef and Boursin
Ham and Swiss
Ham and Brie
Classic Tuna Salad
Grilled Seasonal Vegetable
Caprese*

Specialty Sandwiches

*Chicken Caesar Wrap
Italian Chicken Cutlet
Sesame Chicken Wrap
Turkey Club
Roast Beef with Onion Twigs
Falafel with Grilled Vegetables and Tahini Sauce
Eggplant Parmesan*



SANDWICH MAKING PLATTERS

Basic

Turkey, Roast Beef, Smoked Ham, Tuna, Grilled Chicken Breast, Swiss Cheese, Cheddar Cheese, Grilled Vegetables, Celery and Carrot Sticks

Executive

Baked Ham, Buffalo Chicken Breast, Herb Roasted Turkey, Cheddar Cheese, Portabella Mushrooms, Sliced Tomatoes, Grilled Chicken Breast, Tuna, Herbed Havarti, Eggplant Parmesan, Salmon Salad with Capers & Mayonnaise, Chicken Salad with Red Grapes, Celery & Honey-Mustard Mayonnaise and Bleu Cheese Dressing

Mediterranean

Lemon Oregano Chicken Breast, Prosciutto, Salami, Shrimp, Tomato & Cucumber Salad, Stuffed Grape Leaves, Hummus, Tabbouleh, Sliced Tomatoes, Sliced Melon, Pickled Vegetables, Olives, Tzatziki Cucumber Yogurt Dip and Pita Chips

MONDAY

Hot Food

*Make Your Own Fajitas: Blackened Chicken, Beef and Vegetarian
Lasagna Bolognese
Chicken Marsala
Baked Stuffed Shells with Herbed Ricotta in Marinara*

Cold Salads

*Italian Chicken Salad with Green Beans and Roasted Red Peppers in Balsamic Vinaigrette
Cobb Salad
Tossed Salad
Caesar Salad
Field Greens with Chickpeas, Cucumbers, Tomatoes and Avocado
Spinach Salad with Goat Cheese, Sliced Strawberries and Almonds
Arugula Salad with Mozzarella Pearls and Grape Tomatoes
Black Bean, Corn and Jicama Salad in Lime Cumin Vinaigrette
Bowtie Pasta Primavera with Peas in Lemon Vinaigrette
Tortellini with Sundried Tomatoes & Artichoke Hearts in Creamy Parmesan
Tortellini with Roasted Red Peppers and Spinach in Pesto
Penne with Smoked Gouda, Roasted Red Peppers and Spinach in Creamy Parmesan
Classic Macaroni Salad
Curried Rice Salad*



TUESDAY

Hot Food

Shrimp and Scallop Kebabs
Make Your Own Fajitas: Blackened Chicken, Beef and Vegetarian
Chicken Milanese with Diced Tomatoes, Arugula and Grilled Lemons
Sesame Crusted Chicken in Orange Ginger Sauce
Lemon Oregano Chicken Breast
Vegetable Lo-Mein
Lemon Scented Risotto

Cold Salads

Greek Salad
Caesar Salad
Tossed Salad with Mexican Toppings
Tossed Salad with Mandarin Oranges, Bell Peppers, Cucumber and Snowpeas
Field Greens with Goat Cheese, Sliced Strawberries and Almonds
Arugula Salad with Mozzarella Pearls and Grape Tomatoes
Gingered Asparagus and Asian Eggplant
Bowtie Pasta Primavera with Peas in Lemon Vinaigrette
Tortellini with Sundried Tomatoes & Artichoke Hearts in Creamy Parmesan
Tortellini with Roasted Red Peppers and Spinach in Pesto
Orzo Pasta in Lemon Vinaigrette

WEDNESDAY

Hot Food

Bacon and Cheddar Quiche
Quiche Lorraine
Wild Mushroom and Leek Quiche
Shrimp and Scallop Kebabs
Barbecued Pulled Pork
Make Your Own Fajitas: Blackened Chicken, Beef and Vegetarian
Beef Burgers
Chicken Brusters
Chicken Milanese with Diced Tomatoes, Arugula and Grilled Lemons
Sesame Crusted Chicken in Orange Ginger Sauce
Lemon Oregano Chicken Breast
Baked Macaroni and Cheese
Vegetable Lo-Mein
Lemon Scented Risotto

Cold Salads

Italian Chicken Salad with Green Beans and Roasted Red Peppers in Balsamic Vinaigrette
Field Greens with Chickpeas and Avocado
Field Greens with Gorgonzola, Cranberries and Pecans
Field Greens with Goat Cheese and Sliced Strawberries
Summer Corn Salad with Black Beans, Cilantro, Red Pepper and Avocado
in Chipotle Lime Vinaigrette



THURSDAY

Hot Food

*Boneless Barbecued Beef Short Ribs
Sesame Crusted Chicken in Orange Ginger Sauce
Portobello Mushroom Caps Stuffed with Polenta and Tomato Salsa
Baked Macaroni and Cheese*

Cold Salads

*Italian Chicken Salad with Green Beans and Roasted Red Peppers in Balsamic Vinaigrette
Cobb Salad
Caesar Salad
Field Greens with Chickpeas, Cucumbers, Tomatoes and Avocado
Field Greens with Gorgonzola, Caramelized Pears and Cranberries
Spinach with Goat Cheese, Sliced Strawberries and Almonds
Arugula Salad with Mozzarella Pearls and Grape Tomatoes
Black Bean, Corn and Jicama Salad in Lime Cumin Vinaigrette
Bowtie Pasta Primavera with Peas in Lemon Vinaigrette
Tortellini with Roasted Red Peppers and Spinach in Pesto*

FRIDAY

Hot Food

*Beef Burgers
Beef Hot Dogs
Barbecued Chicken with Roasted Corn Salsa
Grilled Portobello Mushroom and Vegetable Kebabs with Mediterranean Salsa
Baked Stuffed Shells with Herbed Ricotta in Marinara*

Cold Salads

*Chicken Teriyaki with Asian Noodle Salad
Cobb Salad with Grilled Chicken
Caesar Salad
Field Greens with Gorgonzola, Cranberries and Pecans
Arugula Salad with Mozzarella Pearls and Grape Tomatoes
Black Bean, Corn and Jicama Salad in Lime Cumin Vinaigrette
Bowtie Pasta Primavera with Peas in Lemon Vinaigrette
Tortellini with Sundried Tomatoes & Artichoke Hearts in Creamy Parmesan
Curried Rice Salad
Roasted Potato Salad
Classic Cole Slaw*