

BREAKFAST PASTRIES

Rotating Baked Goods

*Raspberry Muffin
Pistachio Muffin
Banana Nut Tea Bread
Lemon Tea Bread
Golden Raisin Scone*

Classic Muffin/Muffin Tops (Always Available)

*Blueberry
Cranberry
Lemon Poppy
Chocolate Chip
Cinnamon Chip
Corn*

SANDWICHES

Rotating Sandwiches

*Turkey Cobb Salad Wrap
Salami and Provolone
Hummus and Tabbouleh*

Classic Sandwiches

*Herb Grilled Chicken and Cheddar
Classic Chicken Salad
Turkey and Havarti
Roast Beef and Boursin
Ham and Swiss
Ham and Brie
Classic Tuna Salad
Grilled Seasonal Vegetable
Caprese*

Specialty Sandwiches

*Chicken Caesar Wrap
Italian Chicken Cutlet
Sesame Chicken Wrap
Turkey Club
Roast Beef with Onion Twigs
Falafel with Grilled Vegetables and Tahini Sauce
Eggplant Parmesan*

SANDWICH MAKING PLATTERS

Basic

Turkey, Roast Beef, Smoked Ham, Tuna, Grilled Chicken Breast, Swiss Cheese, Cheddar Cheese, Grilled Vegetables, Celery and Carrot Sticks

Executive

Baked Ham, Buffalo Chicken Breast, Herb Roasted Turkey, Cheddar Cheese, Portabella Mushrooms, Sliced Tomatoes, Grilled Chicken Breast, Tuna, Herbed Havarti, Eggplant Parmesan, Salmon Salad with Capers & Mayonnaise, Chicken Salad with Red Grapes, Celery & Honey-Mustard Mayonnaise and Bleu Cheese Dressing

Mediterranean

Lemon Oregano Chicken Breast, Prosciutto, Salami, Shrimp, Tomato & Cucumber Salad, Stuffed Grape Leaves, Hummus, Tabbouleh, Sliced Tomatoes, Sliced Melon, Pickled Vegetables, Olives, Tzatziki Cucumber Yogurt Dip and Pita Chips

MONDAY

Hot Food

*Grilled Salmon with Mediterranean Salsa
Shepherd's Pie
Lemon Oregano Chicken Breast
Sesame Crusted Chicken in Orange Ginger Sauce
Potato Quinoa Cakes with Red and Yellow Beet Salad with Tzatziki Sauce*

Cold Salads

*Grilled Salmon Fillet with Asparagus, Cucumber and Yellow Bell Pepper Salad
Skirt Steak Teriyaki with Asian Noodle Salad
Marinated Grilled Chicken with Grilled Vegetables
Italian Grilled Chicken with Roasted Red Peppers and Green Beans
Moroccan Chicken Salad with Cous Cous and Dried Fruit
Lemon Honey Grilled Chicken with Orzo Pasta
Tofu Curried Rice Salad
Chef Salad
Greek Salad
Caesar Salad
Tossed Salad
Field Greens with Chickpeas Cucumbers, Tomato and Avocado
Field Greens with Goat Cheese, Sliced Strawberries and Almonds
Arugula with Mozzarella Pearls and Grape Tomatoes
Spinach, Radicchio and Endive with Bacon and Chopped Egg
Bowtie Pasta Primavera with Peas in Lemon Vinaigrette
Tortellini with Sundried Tomatoes & Artichoke Hearts in Creamy Parmesan
Tortellini with Roasted Red Peppers and Spinach in Pesto
Quinoa, Brown Rice and French Lentils
Asian Noodle Salad with Vegetables in Orange Soy Vinaigrette*



TUESDAY

Hot Food

Quiche Lorraine
Butternut Squash and Apple Bisque
White Chicken Chili
Braised Beef Short Ribs with Pearl Onions and Carrots in Port Wine
Grilled Skirt Steak with Fried Shallots and Leeks in Port Wine
Artichoke Encrusted Salmon in Tomato Scallion Beurre Blanc
Lemon Oregano Chicken Breast with Fresh Lemon Sauce
Chicken Piccata with Artichokes and Mushrooms in Lemon Caper Sauce
Chicken Saltimbocca in Sage Herb Sauce
Baked Ziti with Chicken and Broccoli
Eggplant Curry with Cauliflower, Sweet Potato, Green Beans and Toasted Coconut Garnish
Potato Quinoa Cakes with Red and Yellow Beet Salad with Tzatziki Sauce
Asparagus, Ricotta and Parmesan Agnolotti in Lemon Basil Cream
Wild Mushroom Ravioli in Roasted Red Pepper Sauce
Butternut Squash Ravioli with Grilled Vegetables in Basil Cream

Cold Salads

Grilled Tuna Nicoise with Tomato and Black Olives
Grilled Salmon Fillet with Asparagus, Cucumber and Yellow Bell Pepper Salad
Cobb Salad with Grilled Chicken
Greek Salad
Tossed Salad
Field Greens with Apple and Cheddar
Field Greens with Chickpeas, Cucumbers, Tomatoes and Avocado
Field Greens with Gorgonzola, Caramelized Pears and Cranberries
Field Greens with Goat Cheese, Sliced Strawberries and Almonds
Arugula Salad with Mozzarella Pearls and Grape Tomatoes
Bowtie Pasta Primavera with Peas in Lemon Vinaigrette
Tortellini with Sundried Tomatoes & Artichoke Hearts in Creamy Parmesan
Tortellini with Roasted Red Peppers and Spinach in Pesto
Penne Pasta with Smoked Gouda, Roasted Red Peppers and Spinach in Creamy Parmesan
Quinoa, Brown Rice and French Lentils

WEDNESDAY

Hot Food

Braised Beef Short Ribs with Pearl Onions and Carrots in Port Wine
Grilled Skirt Steak with Fried Shallots and Leeks in Port Wine
Pomegranate Glazed Chicken Breast
Chicken Piccata with Artichokes and Mushrooms in Lemon Caper Sauce

WEDNESDAYCold Salads

Lemon Honey Grilled Chicken with Orzo Pasta
Italian Grilled Chicken with Roasted Red Peppers and Green Beans
Cobb Salad with Grilled Chicken
Tossed Salad
Field Greens with Chickpeas, Cucumbers, Tomatoes and Avocado
Field Greens
with Gorgonzola, Cranberries and Pecans
Field Greens with Goat Cheese, Sliced Strawberries and Almonds
Spinach, Endive and Arugula with Goat Cheese and Avocado
Spinach, Radichio and Endive with Bacon and Chopped Egg
Arugula Salad with Mozzarella Pearls and Grape Tomatoes
Grilled Vegetable Salad
Bowtie Pasta Primavera with Peas in Lemon Vinaigrette
Tortellini with Sundried Tomatoes & Artichoke Hearts in Creamy Parmesan
Tortellini with Roasted Red Peppers and Spinach in Pesto
Asian Noodle Salad with Vegetables in Orange Soy Vinaigrette
Herbed Quinoa Salad with Feta, Parsley and Sunflower Seeds in Lemon Tahini Dressing

THURSDAYHot Food

Baked Stuffed Shells with Herbed Ricotta in Marinara

Cold Salads

Italian Grilled Chicken with Roasted Red Peppers and Green Beans
Cobb Salad with Grilled Chicken
Field Greens with Gorgonzola, Apple and Spiced Pecans
Field Greens with Goat Cheese, Sliced Strawberries and Almonds
Arugula Salad with Mozzarella Pearls and Grape Tomatoes
Roasted Vegetable Salad
Bowtie Pasta Primavera with Peas in Lemon Vinaigrette
Tortellini with Sundried Tomatoes & Artichoke Hearts in Creamy Parmesan
Tortellini with Roasted Red Peppers and Spinach in Pesto

FRIDAYHot Food

Braised Beef Short Ribs with Pearl Onions and Carrots in Port Wine
Chicken Piccata with Artichokes and Mushrooms in Lemon Caper Sauce
Acorn Stuffed with Quinoa, Brown Wild Rice and Dried Cranberry Pilaf
Butternut Squash Ravioli with Grilled Vegetables in Basil Cream

FRIDAY

Cold Salads

Marinated Grilled Chicken with Roasted Vegetables
Field Greens with Gorgonzola, Caramelized Pears and Pecans
Field Greens with Goat Cheese, Sliced Strawberries and Almonds
Arugula Salad with Mozzarella Pearls and Grape Tomatoes
Bowtie Pasta Primavera with Peas in Lemon Vinaigrette
Tortellini with Sundried Tomatoes & Artichoke Hearts in Creamy Parmesan
Tortellini with Roasted Red Peppers and Spinach in Pesto
Asian Noodle Salad
Herbed Quinoa, Kale and Chickpea Salad with Feta, Parsley and Sunflower Seeds
in Lemon Tahini Dressing