

SANDWICHES

Rotating Sandwiches

*Curried Chicken Salad
Avocado, Tomato and Cheddar*

Classic Sandwiches

*Herb Grilled Chicken and Cheddar
Classic Chicken Salad
Turkey and Havarti
Roast Beef and Boursin
Ham and Swiss
Ham and Brie
Classic Tuna Salad
Grilled Seasonal Vegetable
Caprese*

Specialty Sandwiches

*Chicken Caesar Wrap
Italian Chicken Cutlet
Sesame Chicken Wrap
Turkey Club
Roast Beef with Onion Twigs
Falafel with Grilled Vegetables and Tahini Sauce
Eggplant Parmesan*

SANDWICH MAKING PLATTERS

Basic

*Turkey, Roast Beef, Smoked Ham, Tuna, Grilled Chicken Breast, Swiss Cheese,
Cheddar Cheese, Grilled Vegetables, Celery and Carrot Sticks*

Executive

*Baked Ham, Buffalo Chicken Breast, Herb Roasted Turkey,
Cheddar Cheese, Portabella Mushrooms, Sliced Tomatoes, Grilled
Chicken Breast, Tuna, Herbed Havarti,
Eggplant Parmesan, Salmon Salad with Capers & Mayonnaise,
Chicken Salad with Red Grapes, Celery & Honey-Mustard
Mayonnaise and Bleu Cheese Dressing*

Mediterranean

*Lemon Oregano Chicken Breast, Prosciutto, Salami, Shrimp, Tomato & Cucumber
Salad, Stuffed Grape Leaves, Hummus, Tabbouleh, Sliced Tomatoes, Sliced Melon,
Pickled Vegetables, Olives, Tzatziki Cucumber Yogurt Dip and Pita Chips*



MONDAY

Hot Food

Braised Beef Ravioli in Smokey Marinara
Make Your Own Fajitas: Beef, Chicken and Vegetarian
Chicken Picatta with Artichokes and Mushrooms in Lemon Caper Sauce
Artichoke and Fontina Ravioli in Garlic Cream

Cold Salads

Grilled Salmon Fillet with Roasted Vegetables
Grilled Salmon Fillet with Asparagus, Yellow Bell Pepper and Cucumber Salad
Italian Grilled Chicken with Roasted Red Peppers and Green Beans
Lemon Honey Grilled Chicken with Asparagus, Yellow Bell Pepper and Cucumber Salad
Grilled Tofu Curried Rice Salad
Grilled Tofu with Asian Noodles in Orange Soy Vinaigrette
Grilled Tofu with Roasted Potato Salad
Chef Salad
Greek Salad
Tossed Salad
Field Greens with Chickpeas, Cucumbers, Tomatoes and Avocado
Field Greens with Gorgonzola, Cranberries and Pecans
Field Greens with Apple, Cheddar and Spiced Pecans
Field Greens with Goat Cheese, Sliced Strawberries and Almonds
Spinach, Radicchio and Endive with Bacon and Chopped Egg
Arugula with Mozzarella Pearls and Grape Tomatoes
Bowtie Pasta Primavera with Peas in Lemon Vinaigrette
Tortellini with Sundried Tomatoes & Artichoke Hearts in Creamy Parmesan
Tortellini with Roasted Red Peppers and Spinach in Pesto
Cavatappi Pasta Salad with Vegetable Confetti

TUESDAY

Hot Food

Bacon and Cheddar Quiche
Spinach and Mushroom Quiche
Grilled Vegetable Quiche
Butternut Squash Ravioli with Minced Vegetables Tossed in Olive Oil and Herbs

Cold Salads

Grilled Skirt Steak with Roasted Potato Salad
Italian Grilled Chicken with Green Beans and Roasted Red Peppers
Grilled Chicken with Asparagus, Yellow Bell Pepper and Cucumber Salad
Cobb Salad
Greek Salad
Caesar Salad
Field Greens with Gorgonzola, Cranberries and Pecans
Field Greens with Goat Cheese, Sliced Strawberries and Almonds
Arugula Salad with Mozzarella Pearls and Grape Tomatoes
Spinach, Endive and Arugula with Goat Cheese and Avocado
Bowtie Pasta Primavera with Peas in Lemon Vinaigrette
Tortellini with Sundried Tomatoes & Artichoke Hearts in Creamy Parmesan
Tortellini with Roasted Red Peppers and Spinach in Pesto
Penne with Smoked Gouda, Spinach and Roasted Red Peppers in Creamy Parmesan



WEDNESDAY

Hot Food

Barbecued Braised Beef Boneless Short Ribs
Braised Beef Short Ribs with Pearl Onions and Carrots in Port Wine
Chicken Kebabs
Lemon Oregano Chicken Breast
Chicken Picatta with Artichokes and Mushrooms in Lemon Caper Sauce
Butternut Squash Ravioli with Minced Grilled Vegetables in Sage Cream
Wild Mushroom Ravioli in Roasted Red Pepper Sauce
Acorn Squash Stuffed with Quinoa, Brown Wild Rice and Dried Cranberry Pilaf
Stuffed Bell Peppers with Tofu and Wild Rice in Roasted Red Pepper Sauce
Baked Macaroni and Cheese

Cold Salads

Fajita Sliced Steak with Corn Salad with Black Beans, Cilantro, Red Peppers and Avocado in Chipotle Lime Vinaigrette
Grilled Flank Steak with Roasted Potato Salad
Maple Horseradish Crusted Salmon with Orzo, Green Beans, Cucumber and Fennel in Dill Pesto Dressing
Lemon Honey Grilled Chicken with Asparagus, Yellow Bell Pepper and Cucumber Salad
Marinated Grilled Chicken with Roasted Vegetables
Caesar Salad
Field Greens with Apple and Cheddar
Field Greens with Gorgonzola, Caramelized Pears and Pecans
Field Greens with Gorgonzola, Cranberries and Pecans
Field Greens with Goat Cheese, Sliced Strawberries and Almonds
Spinach, Endive and Arugula with Goat Cheese and Avocado
Arugula Salad with Mozzarella Pearls and Grape Tomatoes
Black Bean, Corn and Jicama in Lime Cumin Vinaigrette
Bowtie Pasta Primavera with Peas in Lemon Vinaigrette
Tortellini with Sundried Tomatoes & Artichoke Hearts in Creamy Parmesan
Tortellini with Roasted Red Peppers and Spinach in Pesto
Curried Rice Salad



THURSDAY

Hot Food

Shrimp and Scallop Kebabs
Moroccan Spiced Chicken with Sour Cream Cumin Dip
Chicken Picatta with Artichokes and Mushrooms in Lemon Caper Sauce
Lemon Oregano Chicken Breast
Wild Mushroom Ravioli in Roasted Red Pepper Sauce
Seasonal Squash Stuffed with Quinoa, Brown Wild Rice and Dried Cranberry Pilaf

Cold Salads

Italian Grilled Chicken with Green Beans and Roasted Red Peppers
Tofu and Wild Rice Salad with Corn and Peppers in Chili Lime Vinaigrette
Greek Salad
Field Greens with Mandarin Oranges, Chickpeas and Raisins
Field Greens with Chickpeas and Tomatoes
Field Greens with Chickpeas and Avocado
Field Greens with Goat Cheese, Sliced Strawberries and Almonds
Arugula Salad with Mozzarella Pearls and Grape Tomatoes
Spinach, Arugula and Endive Salad with Bacon and Chopped Egg
Bowtie Pasta Primavera with Peas in Lemon Vinaigrette
Tortellini with Sundried Tomatoes & Artichoke Hearts in Creamy Parmesan
Tortellini with Roasted Red Peppers and Spinach in Pesto
Curried Rice Salad
Cous Cous with Dried Fruit in Citrus Vinaigrette
Classic Macaroni Salad

FRIDAY

Hot Food

Make Your Own Hot Sub: Meatball, Buffalo Chicken and Eggplant Parmesan
Lemon Oregano Chicken Breast
Olive Oil and Fresh Herb Roasted Cauliflower Steak with Eggplant Caper Caponata
Risotto Primavera with Peas

Cold Salads

Lemon Honey Grilled Chicken with Orzo Pasta
Tossed Salad
Field Greens with Goat Cheese, Sliced Strawberries and Almonds
Arugula Salad OR Field Greens with Mozzarella Pearls and Grape Tomatoes
Bowtie Pasta Primavera with Peas in Lemon Vinaigrette
Tortellini with Sundried Tomatoes & Artichoke Hearts in Creamy Parmesan
Tortellini with Roasted Red Peppers and Spinach in Pesto
Asian Noodle Salad