

REGULAR

Herb Grilled Chicken and Cheddar Classic Chicken Salad Turkey and Havarti Grilled Vegetable with Pesto and Provolone Tomato, Mozzarella and Basil Classic Tuna Salad Ham and Swiss Roast Beef and Boursin

SPECIALTY

Ham and Brie
Curried Chicken Salad
Avocado, Tomato and Cheddar
Turkey and Cranberry Chutney
Sesame Chicken Wrap
Fried Eggplant and Provolone with Roasted Tomato
Falafel with Grilled Vegetables and Tahini Sauce
Chicken Caesar Wrap
Turkey Club
Roast Beef with Onion Twigs

Sandwich Making Platters: BASIC

Turkey, Roast Beef, Smoked Ham, Tuna, Grilled Chicken Breasts, Swiss Cheese, Cheddar Cheese, Grilled Vegetables, Celery and Carrot Sticks

EXECUTIVE

Baked Ham, Buffalo Chicken Breast, Herb Roasted Turkey, Cheddar Cheese, Portabella Mushrooms, Sliced Tomatoes, Grilled Chicken Breast, Tuna, Herbed Havarti, Eggplant Parmesan, Salmon Salad with Capers & Mayonnaise, Chicken Salad with Red Grapes, Celery & Honey-Mustard Mayonnaise and Bleu Cheese Dressing

MEDITERRANEAN

Lemon Oregano Chicken Breast, Proscuitto, Salami, Shrimp, Tomato & Cucumber Salad, Stuffed Grape Leaves, Hummus, Tabbouleh, Sliced Tomatoes, Sliced Melon,

Pickled Vegetables, Olives, Tzatziki Cucumber Yogurt Dip and Pita Chips



MONDAY

HOT FOOD:

Gazpacho (SERVED CHILLED)

Clam Chowder

Barbecued Chicken with Roasted Corn Salsa

Salmon Turbans with Spinach and Feta in Lemon Dill Sauce

Grilled Salmon Provencal with Capers, Tomatoes and Olives

Herb Encrusted Chicken in Roasted Garlic Rosemary Sauce

Chicken Piccata with Artichokes and Mushrooms in Lemon Caper Sauce

Eggplant Stacks with Spinach in Tomato Basil Sauce

Asparagus, Ricotta and Parmesan Agnolotti in Lemon Basil Cream

Butternut Squash Ravioli with Minced Vegetables in Sage Cream

COLD SALADS:

Grilled Salmon Fillet

with Asparagus, Yellow Bell Pepper and Cucumber Salad

Chef Salad

Caesar Salad

Greek Salad

Tossed Salad

Tossed Salad with Chickpeas and Avocado

Field Greens with Chickpeas, Avocado, Tomato and Cucumber

Field Greens with Tomato, Avocado and Bleu Cheese Crumbles

Field Greens with Goat Cheese, Sliced Strawberries and Almonds

Arugula Salad with Mozzarella Pearls and Grape Tomatoes

Spinach, Radicchio and Endive with Bacon and Chopped Egg

Spinach, Endive and Arugula with Goat Cheese and Avocado

Grilled Vegetable Salad

Black Bean, Corn and Jicama in Lime Cumin Vinaigrette

Bowtie Pasta Primavera with Peas in Lemon Vinaigrette

Tortellini with Sundried Tomatoes & Artichoke Hearts in Creamy Parmesan

Tortellini with Roasted Red Peppers and Spinach in Pesto

Cavatappi Pasta with Vegetable Confetti

White and Wild Rice with Dried Fruit in Citrus Vinaigrette

Asian Noodle Salad in Orange Soy



TUESDAY

HOT FOOD:

Make Your Own Fajitas: Blackened Chicken and Vegetarian

COLD SALADS:

Grilled Salmon Fillet with Asparagus, Yellow Bell Pepper and Cucumber Salad Italian Grilled Chicken with Green Beans and Roasted Red Peppers Marinated Grilled Chicken with Roasted Vegetables

Marinated Grined Chicken with Roasted Vegetables

Lemon Honey Grilled Chicken with Orzo Pasta Salad

Tofu Curried Rice Salad

Cobb Salad with Grilled Chicken

Field Greens with Chickpeas and Avocado

Field Greens with Gorgonzola, Cranberries and Pecans

Field Greens with Goat Cheese, Sliced Strawberries and Almonds

Field Greens OR Arugula Salad with Mozzarella Pearls and Grape Tomatoes Grilled Vegetable Salad

Bowtie Pasta Primavera with Peas in Lemon Vinaigrette

Tortellini with Sundried Tomatoes & Artichoke Hearts in Creamy Parmesan

Tortellini with Roasted Red Peppers and Spinach in Pesto

Cavatappi Pasta with Vegetable Confetti

Quinoa, Brown Rice and French Lentil Salad

Penne with Smoked Gouda, Roasted Red Peppers

and Spinach in Creamy Parmesan



WEDNESDAY

HOT FOOD:

Quiche Lorraine Spinach and Mushroom Quiche Clam Chowder Barbecued Chicken with Roasted Corn Salsa

COLD SALADS:

Lemon Honey Grilled Chicken with Asparagus,
Yellow Bell Pepper and Cucumber Salad
Marinated Grilled Chicken with Grilled Vegetable Salad
Field Greens OR Tossed Salad with Chickpeas and Avocado
Field Greens with Goat Cheese, Sliced Strawberries and Almonds
Field Greens OR Arugula Salad with Mozzarella Pearls and Grape Tomatoes
Bowtie Pasta Primavera with Peas in Lemon Vinaigrette
Tortellini with Sundried Tomatoes & Artichoke Hearts in Creamy Parmesan
Tortellini with Roasted Red Peppers and Spinach in Pesto
Penne with Smoked Gouda, Roasted Red Peppers
and Spinach in Creamy Parmesan
Quinoa, Brown Rice and French Lentils
Cavatappi Pasta with Vegetable Confetti



THURSDAY

HOT FOOD:

Barbecued Brisket with Caramelized Onions Make Your Own Tacos: Beer Battered Fish, Barbecued Pulled Pork, Chipotle Lime Chicken and Vegetarian Lime Honey Glazed Chicken with Tropical Fruit Salsa Baked Macaroni and Cheese

COLD SALADS:

Grilled Salmon with Asparagus, Yellow Bell Pepper and Cucumber Salad Shrimp, Tomato and Cucumber Salad Beef Fajita Salad with Corn, Black Beans, Jack Cheese, Avocado and Chipotle Ranch Grilled Skirt Steak Teriyaki with Asian Noodle Salad Italian Grilled Chicken with Green Beans and Roasted Red Peppers Lemon Honey Grilled Chicken with Orzo Pasta Salad Chicken Salad with Red Grapes, Walnuts, Bleu Cheese Crumbles and Honey Mustard Tofu Curried Rice Salad Cobb with Grilled Chicken

Chef Salad

Caesar Salad

Field Greens with Chickpeas and Avocado

Field Greens with Gorgonzola, Apple and Spiced Pecans

Field Greens with Gorgonzola, Cranberries and Pecans

Field Greens with Goat Cheese, Sliced Strawberries and Almonds

Arugula Salad with Mozzarella Pearls and Grape Tomatoes

Bowtie Pasta Primavera with Peas in Lemon Vinaigrette

Tortellini with Sundried Tomatoes & Artichoke Hearts in Creamy Parmesan

Tortellini with Roasted Red Peppers and Spinach in Pesto

Penne with Smoked Gouda, Roasted Red Peppers

and Spinach in Creamy Parmesan

Quinoa, Brown Rice and French Lentils

Cavatappi Pasta with Vegetable Confetti



FRIDAY

HOT FOOD:

Chicken Fingers with Honey Mustard Dip

COLD SALADS:

Grilled Salmon Fillet with Asparagus, Yellow Bell Pepper and Cucumber Salad Italian Grilled Chicken with Green Beans and Roasted Red Peppers
Tofu Curried Rice Salad

Tossed Salad

Field Greens with Chickpeas and Avocado

Field Greens with Goat Cheese, Sliced Strawberries and Almonds

Arugula Caesar Salad with Bowtie Pasta Croutons

Arugula Salad with Mozzarella Pearls and Grape Tomatoes

Black Bean, Corn and Jicama Salad in Lime Cumin Vinaigrette

Bowtie Pasta Primavera with Peas in Lemon Vinaigrette

Tortellini with Sundried Tomatoes & Artichoke Hearts in Creamy Parmesan

Tortellini with Roasted Red Peppers and Spinach in Pesto

Penne with Smoked Gouda, Roasted Red Peppers

and Spinach in Creamy Parmesan

Roasted Potato Salad