

### **REGULAR SANDWICHES**

Herb Grilled Chicken and Cheddar Classic Chicken Salad Turkey and Havarti Grilled Vegetable with Pesto and Provolone Tomato, Mozzarella and Basil Classic Tuna Salad Ham and Swiss Roast Beef and Boursin

## **SPECIALTY SANDWICHES**

Egg Salad
Chicken Cutlet
Bacon, Lettuce and Tomato Wrap
Sesame Chicken Wrap
Fried Eggplant and Provolone with Roasted Tomato
Falafel with Grilled Vegetables and Tahini Sauce
Chicken Caesar Wrap
Turkey Club
Roast Beef with Onion Twigs

# Sandwich Making Platters: BASIC

Turkey, Roast Beef, Smoked Ham, Tuna, Grilled Chicken Breast, Swiss Cheese, Cheddar Cheese, Grilled Vegetables, Celery and Carrot Sticks

### **EXECUTIVE**

Baked Ham, Buffalo Chicken Breast, Herb Roasted Turkey, Cheddar Cheese, Portabella Mushrooms, Sliced Tomatoes, Grilled Chicken Breast, Tuna, Herbed Havarti, Eggplant Parmesan, Salmon Salad with Capers & Mayonnaise, Chicken Salad with Red Grapes, Celery & Honey-Mustard Mayonnaise and Bleu Cheese Dressing

#### **MEDITERRANEAN**

Lemon Oregano Chicken Breast, Prosciutto, Salami, Shrimp, Tomato & Cucumber Salad, Stuffed Grape Leaves, Hummus, Tabbouleh, Sliced Tomatoes, Sliced Melon, Pickled Vegetables, Olives, Tzatziki Cucumber Yogurt Dip and Pita Chips



## MONDAY HOT FOOD:

Beef Kebabs

Lemon Herb Grilled Chicken with Mediterranean Salsa

Chicken Kebabs

Tofu and Vegetable Kebabs

Asparagus, Ricotta and Parmesan Agnolotti in Lemon Basil Cream Potato Ouinoa Cakes with Red and Yellow Beet Salad with Tzatziki

Baked Stuffed Shells with Herbed Ricotta in Marinara Sauce

#### **COLD SALADS:**

Grilled Salmon Fillet with Asparagus, Yellow Bell Pepper and Cucumber Salad

Marinated Grilled Chicken with Roasted Vegetables

Italian Grilled Chicken with Green Beans and Roasted Red Peppers

Lemon Honey Grilled Chicken with Orzo Pasta

Tofu Curried Rice Salad

Tofu Asian Noodle Salad

Chef Salad

Greek Salad

Tossed Salad

Field Greens with Chickpeas and Avocado

Field Greens with Tomatoes and Cucumbers

Field Greens with Gorgonzola, Cranberries and Pecans

Field Greens with Goat Cheese, Sliced Strawberries and Almonds

Arugula Salad with Mozzarella Pearls and Grape Tomatoes

Bowtie Pasta Primavera with Peas in Lemon Vinaigrette

Tortellini with Sundried Tomatoes & Artichoke Hearts in Creamy Parmesan

Tortellini with Roasted Red Peppers and Spinach in Pesto

Ratatouille



### **TUESDAY**

## **HOT FOOD:**

Seafood Kebabs

Grilled Skirt Steak with Fried Shallots in Port Wine

Braised Beef Ravioli in Marinara Sauce

Lemon Oregano Chicken Breast

Baked Ziti with Chicken and Broccoli

Artichoke and Fontina Ravioli in Garlic Cream

Baked Stuffed Shells with Herbed Ricotta in Marinara

### **COLD SALADS:**

Grilled Skirt Steak with Asian Noodle Salad

Italian Grilled Chicken with Green Beans and Roasted Red Peppers

Cobb Salad with Grilled Chicken

Caesar Salad

**Tossed Salad** 

Tossed Salad with Mandarin Oranges, Bell Peppers, Cucumbers and Snow Peas

Field Greens with Chickpeas and Avocado

Field Greens with Bleu Cheese Crumbles, Caramelized Pears and Pecans

Field Greens with Gorgonzola, Cranberries and Pecans

Field Greens OR Spinach Salad with Goat Cheese, Sliced Strawberries and Almo

Arugula Salad with Mozzarella Pearls and Grape Tomatoes

Asparagus, Yellow Bell Pepper and Cucumber Salad

Roasted Vegetable Salad

Bowtie Pasta Primavera with Peas in Lemon Vinaigrette

Tortellini with Sundried Tomatoes & Artichoke Hearts in Creamy Parmesan

Tortellini with Roasted Red Peppers and Spinach in Pesto

Cavatappi Pasta with Vegetable Confetti

Roasted Potato Salad



## WEDNESDAY HOT FOOD:

Quiche Lorraine Grilled Vegetable Quiche

Braised Beef Short Ribs with Pearl Onions and Carrots in Port Wine

Make Your Own Fajitas: Blackened Chicken and Vegetarian

Chicken Breast Stuffed with Spinach and Ricotta in Pesto Cream

Butternut Squash Ravioli with Grilled Vegetables in Basil Cream

### **COLD SALADS:**

Grilled Salmon Fillet with Asparagus, Yellow Bell Pepper and Cucumber Salad Moroccan Spiced Salmon Fillet with Wild Rice, Saffron, Almonds, Tomato and Pe Shrimp and Scallop Salad with Saffron Orzo

Grilled Skirt Steak Teriyaki with Asian Noodle Salad

Sesame Crusted Chicken with Asian Noodle Salad

Marinated Grilled Chicken with Grilled Vegetable Salad

Grilled Tofu with Gingered Asparagus and Asian Eggplant

Grilled Portobello Mushroom, Tomato, Fresh Mozzarella and Basil Platter

Cobb Salad

Chef Salad

Greek Salad

Caesar Salad

**Tossed Salad** 

Tossed Salad with Chickpeas and Avocado

Field Greens with Apple and Cheddar

Field Greens with Gorgonzola, Sliced Strawberries and Spiced Pecans

Field Greens with Goat Cheese, Sliced Strawberries and Almonds

Arugula Salad with Mozzarella Pearls & Grape Tomatoes

Bowtie Primavera with Peas in Lemon Vinaigrette

Tortellini with Sundried Tomatoes and Artichoke Hearts in Creamy Parmesan

Tortellini with Roasted Red Pepper and Spinach in Pesto

Penne with Smoked Gouda, Roasted Red Pepper and Spinach in Creamy Parmes



# THURSDAY HOT FOOD:

Shrimp Scampi with Linguine Chicken Breast Stuffed with Spinach and Ricotta in Pesto Cream Asparagus Ravioli in Lemon Basil Cream Risotto Primavera with Peas

#### **COLD SALADS:**

Grilled Salmon Fillet with Asparagus, Yellow Bell Pepper and Cucumber Salad Lemon Honey Grilled Chicken with Orzo Pasta Chicken Teriyaki with Asian Noodle Salad

Caesar Salad

Tossed Salad with Chickpeas and Avocado

Tossed Salad with Bleu Cheese Crumbles, Caramelized Pears and Spiced Pecans Field Greens with Goat Cheese, Sliced Strawberries and Almonds

Arugula Caesar Salad with Bowtie Pasta Croutons

Arugula Salad with Mozzarella Pearls and Grape Tomatoes

Grilled Vegetable Salad

Tortellini with Sundried Tomatoes and Artichoke Hearts in Creamy Parmesan Tortellini with Roasted Red Peppers and Spinach in Pesto

Penne with Smoked Gouda, Roasted Red Peppers and Spinach in Creamy Parme



# FRIDAY HOT FOOD:

Spinach and Feta Quiche Bacon and Cheddar Quiche

Make Your Own Fajitas: Blackened Chicken and Beef

Lemon Oregano Chicken Breast

Olive Oil and Fresh Herb Roasted Cauliflower "Steak" with Eggplant Caper Capor

Risotto Primavera with Peas

#### **COLD SALADS:**

Tofu Curried Rice Salad

Tossed Salad with Corn, Avocado and Tomato

Field Greens with Chickpeas and Avocado

Field Greens with Bleu Cheese Crumbles, Caramelized Pears and Pecans Spinach Salad OR Field Greens with Goat Cheese, Sliced Strawberries and Almo Arugula Salad OR Field Greens with Mozzarella Pearls and Grape Tomatoes Tortellini with Sundried Tomatoes and Artichoke Hearts in Creamy Parmesan

Tortellini with Roasted Red Peppers and Spinach in Pesto

Asian Noodle Salad

Roasted Potato Salad

Wild Rice with Corn and Peppers in Chili Lime Dressing